

ABSTRACT

The present invention provides novel compositions and methods for
5 lowering blood glucose levels, as well as manufacture processes for
producing the compositions. Specifically, the present invention provides
novel compositions that are extracts of the plant *Prunella Linn* and/or
Rabdosia (Blume) Hasskarl containing enriched corosolic acid. Methods of
isolating corosolic acid at high purity from these plants are also provided.
10 These extracts and the purified corosolic acid can be used for lowering blood
sugar levels and reducing accumulation of triglyceride in the treatment of
diabetes, obesity and related conditions.